

# The First Epistle



First Presbyterian Church of Moorhead • Established 1872

June 2022

## The Session:

Moderator: Robert Drake

Clerk of Session: Kim Kelsh

Peggy Johnson, Kim Kelsh, Mary Larson, George O'Neill, Mary Skalet, Megan Wheeler, and Diane Wray-Williams.

## The Deacons

Moderator: Barb Worman

Kathy Giddings, Nikki Hestbeck, Cassidy Johnson, Joni Lordeman, John Ortez, Helen Pemble, Elizabeth Swee

Like us on Facebook:

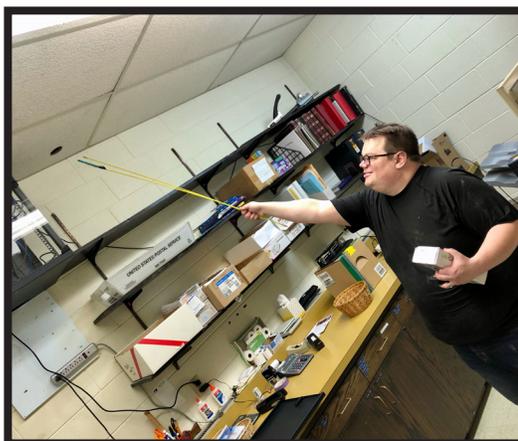
[facebook.com/firstpresmhd](https://www.facebook.com/firstpresmhd)

Visit our Website:

[www.firstpresmhd.org](http://www.firstpresmhd.org)

## INTERNET UPGRADES

Thanks to Dan Wheeler (and his helpers) we finally have internet in the CE wing! Approximately 40% of the cost will be covered by a presbytery grant. The remainder will be covered by the Covey fund. If you would like to help defray costs, talk with Pastor Robert. We have additional technology upgrades in our near future.



*Dan pointing out the new internet box he installed. The internet starts here.*



*Electricians running electricity for the termination box on the wall. Dan ran wires all the way from the box in the office to this box in Room 10.*



*Dan drilling through 24" of concrete, brick, and rock siding*



*Dan's helpers, or are they supervising???*



# The First Presbyterian Church of Moorhead

Worship: 10:30 am

2900 Fifth Street South, Moorhead, MN 56560

Find us on Facebook: [www.facebook.com/firstpresmhd](http://www.facebook.com/firstpresmhd)

218.233.1192

## E-mail Addresses:

Rev. Robert Drake      [robert@firstpresmhd.org](mailto:robert@firstpresmhd.org)  
Church:                      [admin@firstpresmhd.org](mailto:admin@firstpresmhd.org)  
Newsletter Articles:      [nadineswee@gmail.com](mailto:nadineswee@gmail.com)

*Our mission is to be a caring community of God's people who live by Christ's teachings, reach out to others to share the love of God, and celebrate the good news of Jesus Christ through worship, prayer, thought, and action.*

## NEW BABIES

Please welcome Maggie Salomeia Jones into the world. She is the very first child of Mark and Kelly Jones. She was born on April 29 at 5:35pm and is 8 pounds 5 ounces, 20.5 inches long.

Please welcome Isla Cora-Rae and Ivy Lee into the world. They were born on April 26, and they are twins! Congratulations Meagan and Adam.



## PASTOR ROBERT'S UNIVERSITY OF MAINZ SUMMER SCHOOL

Word Bubble: Pastor Robert will be out of the country from July 1-July 24. He will be on vacation from July 25-26, and will work from home in Staples from July 27-29. A complete schedule, including worship leaders, pastoral care emergencies, and church management while Pastor Robert is gone is being updated now and will announced soon.



**APPLICATIONS**

Applications are invited from postgraduate students with an interest in German theology.

Applicants shall

- have a first degree in theology, divinity, religion or related fields
- be proficient in English
- have some basic knowledge of German.

Candidates should not hesitate to contact the organizers if in doubt as to meeting the requirements. The total costs are EUR 1,250.- and include:

- teaching equivalent of 6 certifiable ECTS
- accommodation in host families or halls of residence
- excursions (travel and entrance fees)
- JGU certificate after successful completion

A limited number of grants will be available to help covering the costs. Registration is through the ZWW website (with detailed conditions of participation) using the URL overleaf.

**Deadline for applications: 1<sup>st</sup> May 2022.**



International Summer School  
German (and) Theology  
is a project of  
Evangelisch-Theologische Fakultät (FB 01)  
in cooperation with  
Zentrum für Wissenschaftliche Weiterbildung and  
DaF – Deutsch als Fremdsprache, FB 05

Further information and online application:  
<http://www.patristik.de/Summerschool.html>



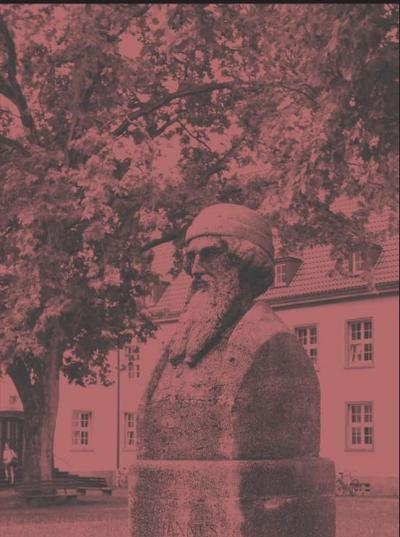
Funded by the DAAD with financial support of the  
Federal Foreign Office

**DAAD** Deutscher Akademischer Austauschdienst  
German Academic Exchange Service



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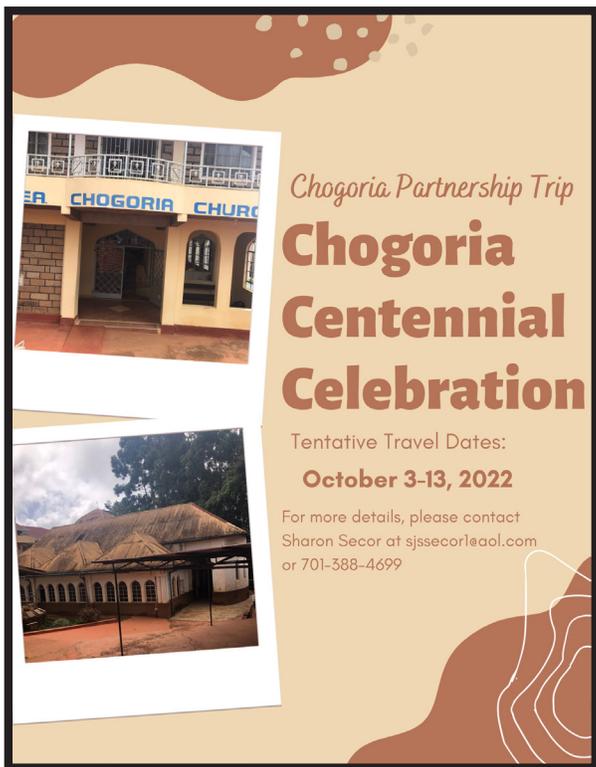
**International Summer School  
German (and) Theology**

**4<sup>th</sup> – 22<sup>nd</sup> July 2022**

JOHANNES GUTENBERG  
UNIVERSITÄT MAINZ



Our presbytery has a decades-long partnership with Chogoria, Kenya. Every year a group of people from Presbyterian churches in Minnesota and North Dakota go for mission work and cultural exchange. The 2023 Youth Trip is the first of its kind. If you have a kid interested in going or if you would like to chaperone or go on the October trip, talk with Pastor Robert, and he will get you in touch with the organizer.



*Chogoria Partnership Trip*  
**Chogoria Centennial Celebration**

Tentative Travel Dates:  
**October 3-13, 2022**

For more details, please contact Sharon Secor at [sjssecor@aol.com](mailto:sjssecor@aol.com) or 701-388-4699



**PNP YOUTH TRIP**  
*to Kenya*

**JULY 27-AUG 11, 2023**

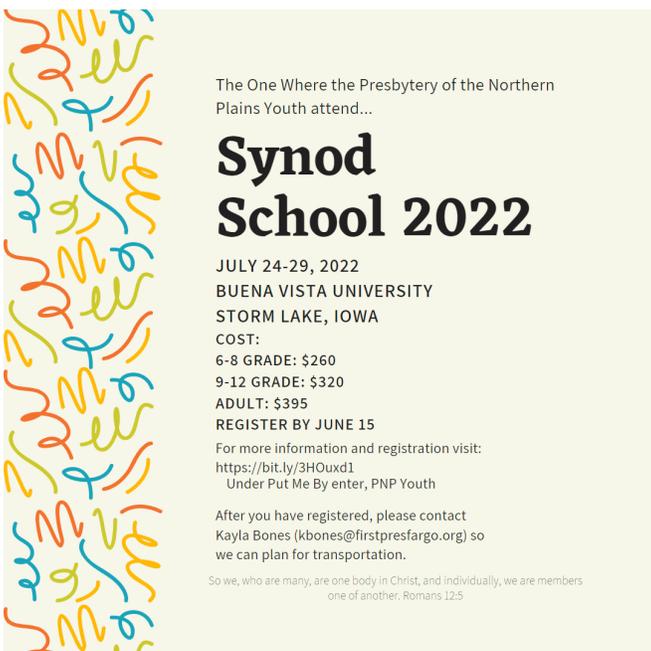
PNP Youth in 6th-12th grade are invited! If you are under 16, you will need a parent/guardian to travel with you.

**Activities will include: meeting our partners, attending worship, service projects, and going on safari.**

Approximately **\$4000** Per Person  
Price does not include cost of passport or visa.

**DEPOSIT SCHEDULE:**  
 First Deposit due October 15, 2022: \$500 (secures place on trip)  
 Second Deposit due January 15, 2023: \$1500 (deadline to register)  
 Third Deposit due May 15, 2023: \$2000  
Due to advance purchases and contracts, refunds cannot be made after January 15, 2023.

If you would like to register or have any questions, please contact Kayla Bones at [kbones@firstpresfargo.org](mailto:kbones@firstpresfargo.org) or 701-293-6311.



The One Where the Presbytery of the Northern Plains Youth attend...

**Synod School 2022**

JULY 24-29, 2022  
 BUENA VISTA UNIVERSITY  
 STORM LAKE, IOWA

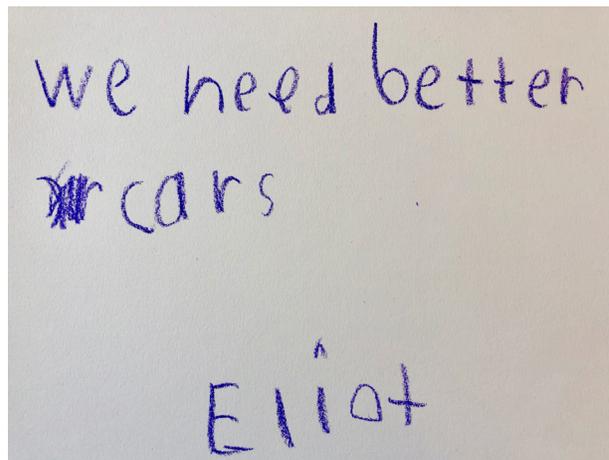
**COST:**  
 6-8 GRADE: \$260  
 9-12 GRADE: \$320  
 ADULT: \$395

**REGISTER BY JUNE 15**

For more information and registration visit:  
<https://bit.ly/3HOuxd1>  
 Under Put Me By enter, PNP Youth

After you have registered, please contact Kayla Bones ([kbones@firstpresfargo.org](mailto:kbones@firstpresfargo.org)) so we can plan for transportation.

So we, who are many, are one body in Christ, and individually, we are members one of another. Romans 12:5



**BETTER CARS NEEDED**  
 Elliot Sambo says we need some better cars (and other toys) for the nursery. Contact Pastor Robert if you would like to donate to help us buy some newer toys.

For more information, talk to Diane Wray-Williams or Pastor Robert

**LOTUS/REC GRAND OPENING**

Lotus/REC, the innovative counseling center for addiction therapy that recently moved into part of our CE wing in March, had their grand opening. Over 100 people attended, and Rev. John Anderson was the front-man singer in the band that provided the music (Anderson served as interim pastor for Moorhead Pres a few years ago).



*Erik and Elizabeth get a tour from Peder (with a "d") and Kyle.*



*Marilynn and Bill get a tour from Michael*



*A counseling office*



*Lots of people enjoyed food and music*

**NADINE SWEE FEATURED GUEST ON WOMEN, WORK, & FAITH PODCAST**

Our very own Nadine Swee was the featured guest on a local podcast called "Work, Re-Defined" sponsored by The Burnout Prevention Project.

The Burnout Prevention project works women to find more peace in their career and family life. They work to alleviate the emotional, mental and physical fatigue that constantly plagues most high-achieving women. They work with focus groups and have programs that help like-minded women work through their ideas and gain the confidence and strength to consistently crush their goals.

On the podcast, Nadine joins Kelsey Buell, the founder of The Burnout Prevention Project, and Grace Lange to discuss as they explore how to lean on your faith during times of transition and change.

You can find the podcast on Nadine's Facebook page or on their website (just Google "The Burnout Prevention Project.")

Robin's Nest Music Academy hosted their spring recital at the church. Eleven students performed vocal and piano music ranging from beginner to highly advanced.

"You have a beautiful sanctuary, very intimate, so with only about 50 people in the audience, it still feels full," Robin Allebach comments. "And the acoustics are amazing."



**DOWNTOWN GARDEN PLOT**

It looks like just dirt now, but in a couple months it will look bright and colorful. Kathy, Mary, and Ineke worked in the rain to clean up our downtown garden plot after a long, cold winter. This is an easy one to help with, since it's small and contains flowers only. It's also great advertising for the church, since our name is right there. To help water and prune, call Mary Skalet at 218-329-1633.



**JONI AND PASTOR ROBERT AT THE CONCORDIA PIANO SALE**

"Well, it was fun, that's for sure," reports Pastor Robert and Joni. "But we realized that it will take time and patience for a good, high-quality, used piano to turn up in our price range.

Joni tried out about nine different grand pianos, ranging in price from \$14,000 to \$95,000. The pianos in the \$14,000 range were about 5'2" to 5'4", which are too small to adequately fill our space. The pianos in the \$95,000 were of course Steinway concert grands!

"We're looking for a piano about 6 feet in size, and that can fill our space with or without microphones," explains Pastor Robert. While Dan has already begun researching grand piano amplification, we are also wanting a piano that can fill our sanctuary without amplification. This is for events like piano recitals, vocal recitals, trios, and the like with Concordia or MSUM or NDSU."

In the meantime, be on the lookout for a Kawai RX2 in the \$10,000 price range.



Make a difference by knitting or crocheting or looming a blue hat for children or youth (5 to 18) as part of an anti-bullying campaign to open in October. As part of Anti-bullying Month, blue hats will be distributed to schools throughout the country to the children to stand up against bullying. You can mail in to a distribution site at [hatnohate.org/drop-off-locations/](http://hatnohate.org/drop-off-locations/) or by contacting Elizabeth Swee for pick up at church by July 15.



We have flag day June 14 and Independence Day, July 4, and you can celebrate by buying a flag. American Legion sells a 4x6 flag for \$20.

## *Investing in our greatest resource ...*

### *helping children and youth build a solid foundation of faith*

On Sunday, June 5th the church will celebrate Pentecost. We will give thanks for the amazing gift of the Holy Spirit, celebrate the birth of the Christian church, and support the future of the church. Your gifts to the Pentecost Offering of the Presbyterian Church (USA) will support several important ministries that are focused on the future by supporting children and youth.

So how is this offering making a difference?

25% goes to the Young Adult Volunteer (YAV) ministry to train and equip volunteers who are in mission work of the church in the US and around the globe. YAVs receive financial support in the form of a living stipend plus assistance with medical insurance and student loan debt.

10% supports the national church's "Educate a Child, Transform the World" national initiative to advocate for equitable, accessible, quality education for all children.

25% supports youth ministries of the denomination including youth programming, curriculum development, the Triennium gathering, and digital devotion materials ([www.d365.org](http://www.d365.org)).

The remaining 40% of this offering will be used by our church to support youth and children in our local community. For 2022 we are designating that these funds be used by church school leaders to support a project similar to the blessing bags the children recently prepared and delivered to residents of Bright Sky Apartments. We want to build on our kids' enthusiasm for giving to others!

Thank you for your gifts on Pentecost Sunday, June 5, which will support the next generation of the church. When you make your gift, please note "Pentecost Offering" on your check or use the Pentecost offering envelope included with this newsletter.



Our gifts to the Pentecost Offering connect young people with one another and with caring communities, helping them shape a life and a future built in faith.

 **PENTECOST**  
SPECIAL OFFERINGS  
CHILDREN AT RISK • YOUTH • YOUNG ADULTS

APRIL 18 – JUNE 5, 2022

**SPRING CLEANUP AND PARTY!**

Let's get together on June 11th (Saturday) to do some spring cleaning outside and inside our church and have some fun and share a meal!

From 10-2:00 (or beyond) we will have a bouncy house for the kids, maybe some basketball, lots of activities. We will provide the meat; please bring a dish to share if you can and come join the festivities!

Even if you don't come to work, come and enjoy the company of our fellow parishioners and friends! We will be needing help in other areas, too!

**The great clean out and reorganize**

One outcome of the Lotus/REC programs moving into our education wing has been the moving, sorting, organizing of the church's resources. We aren't finished with that process yet, but we have made good progress. People who have worked on this are Megan Wheeler, Axel Xiong, Cassidy Johnson, Maggie Sambo, Barb Worman, Pastor Robert.

So, what have we done with the things that we no longer need or have the space for?

We are happy to report that many items have found new homes – and are not in the landfill. The old red/orange youth room chairs were set out on the curb last winter and were taken by curb shoppers. Five boxes of craft supplies and fabric pieces were donated to the Moorhead Library craft swap. Another ten boxes of reusables (styrofoam, wood scraps, paper towel tubes, old CDs, etc.) were donated to Inspire Lab in Moorhead. Nearly 50 pounds of white paper was taken to MinnKota recycling. Some items were given away via the “Buy Nothing South Moorhead” facebook group. We will also plan to have a table of free items in Fellowship Hall in mid-June.

As we continue this process, we are working hard to be responsible stewards of creation.

## OUR ACTIVE KIDS

Gwen Stevens, daughter of Emily Lutgen-Stevens and Luke Stevens, and granddaughter of Cathie and Dave Lutgen, performed her final 6th grade choir concert last month. Gwen is a student at Horizon West Middle School. Congratulations Gwen, great job!



Carleigh Swee, daughter of Chris and Nadine Swee and granddaughter of Erik and Elizabeth Swee has had a busy spring. She finished up her 6th season of Dance with ND Academy of Dance. She performed in ballet, tap, jazz, and hip-hop. She also did her very first piano recital (Gina Dahl is her teacher), in hopes of one day being Joni's replacement. 😊



The First Epistle

June 2022

# Grateful Garden 2022

Welcome to another exciting gardening season at Grateful Garden! Our gardening season starts in May and runs through mid-October. As in previous years, volunteer gardeners will meet on Wednesdays at 6pm. Denise Quick has graciously agreed to continue her role as Garden Coordinator and can answer any garden question you may have.

Contact Information:  
denisekq@gmail.com  
802-859-0228



A café dedicated to serving local, healthy, delicious meals to everyone in our community with dignity and respect with pay what you can afford pricing.

## THIS SUMMERS GARDEN ACTIVITIES:

- Gardening at Grateful Garden
- Heart n" Soul Café
- Moorhead Farmers Market



We are happy to announce the addition of a community favorite that is partnering with our garden this year. Fargo's Heart n Soul Mobile Café is a local non-profit eatery that uses fresh produce to address food insecurity in the FM area. Their "pay what you can" model allows food access to all and helps build resilience in our communities.

Heart n Soul Mobile Café will host a monthly meal where everyone is welcome and everyone is valued.

"This is a supper, not a service"

Location: 2900 5th St. S., Moorhead

Time: The fourth Wednesday of every month, 4:30-6pm.

May 25th, June 22nd, July 27th,  
August 24th, & September 28th.



# Moorhead Farmers Market



## HJEMKOMST CENTER PARKING LOT

202 1st Ave North, Moorhead, MN

Tuesdays 3-6 pm | May 31-September 27

SNAP Accepted | Double Market Bucks (get up to \$20 extra to spend on SNAP eligible foods and produce)

Power of Produce Clubs for kids ages 4-12 and seniors ages 55+ (free tokens given weekly to "purchase" produce)

XXXXXX

- Tuesday May 31st, 3-6pm
- Tuesday June 7th, 3-6pm
- Tuesday June 14th, 3-6pm
- Tuesday June 21st, 3-6pm
- Tuesday June 28th, 3-6pm
- Tuesday July 5th, 3-6pm
- Tuesday July 12th, 3-6pm
- Tuesday July 19th, 3-6pm
- Tuesday July 26th, 3-6pm
- Tuesday August 2nd, 3-6pm
- Tuesday August 9th, 3-6pm
- Tuesday August 16th, 3-6pm
- Tuesday August 23rd, 3-6pm
- Tuesday August 30th, 3-6pm
- Tuesday Sept. 6th, 3-6pm
- Tuesday Sept. 13th, 3-6pm
- Tuesday Sept. 20th, 3-6pm
- Tuesday Sept. 27th, 3-6pm



First Presbyterian Church of Moorhead  
2900 Fifth Street South  
Moorhead, MN 56560

RETURN SERVICE REQUESTED

# *Inside this Issue:*



*and then there was wi-fi!*

*Grateful Garden... summer is coming*

